

# ***IMPORTANCE OF LESSON PLANNING IN EFFECTIVE TEACHING***

***Chharrapati Shahu ji Maharaj University, Kanpur***

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For Degree of (B. Ed.)

Present An

Action Research

2010-2011



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## DECLARATION LETTER

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I, Jitendra Singh declare that the presented action research project is my own and genuine and no research work has done by any other student on this topic. In the direction of my scholar director Dr. Reshma Hafeez, The researcher has used some miscellaneous sources in the construction of this action research, which have written in the bibliography at the last of this research. My research guide is Dr. Reshma Hafeez for this project.

Jitendra Singh

## Acknowledgement

The presented action research is the study of the “Importance of lesson planning in effective teaching in B. R. Ambedkar Higher Secondary School, Gandhi Nagar Kanpur. I am very grateful to those people who cooperated me in this project work.

First of all I owe a deep sense gratitude to my supervisor Dr. Reshma Hafeez. I have completed my research work under her intelligent guidance and supervision. It is she who has been a great source of inspiration for me throughout this project of research. I am extremely grateful to Dr. Ansar Ahmad, HOD, B.Ed. Halim Muslim Post Graduate College, Kanpur.

I should also express my heart-felt thanks to my respected principle Dr. Shakeel Ahmad, whose kind permission and encouragement provided me the occasion to prepare this action research.

I also pay gratefulness to my co-operative friend Ahmad student, and teachers of B. R. Ambedkar Higher Secondary School. It will be fault if i fail to acknowledge the continuous help and tiresome labour exerted by my friend Ravi Gupta in finalizing this project without his help this project work was quite impossible for me to do.

Jitendra Singh

*An Experimental Project Based On Action Research*

*2010-2011*

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[English Language]

Name of the Researcher : Jitendra Singh

Name of the Supervisor : Dr. Reshma Hafeez

Name of School : B. R. Ambedkar Higher Secondary  
School, Gandhi Nagar, Kanpur

Duration of Research : 1 moth (27 January 2011  
to 27 February 2011)

Class : 8<sup>th</sup>

Title of the project : Importance of Lesson Planning  
In Effective Teaching

# *Importance Of Lesson Planning In Effective Teaching*

## *Background of Problem*

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To Quote Davis –“Lesson plan must be prepared. There is nothing so fatal to teacher’s Program as unpreparedness.”

Effective teaching is possible only when the lesson is well planned. So the teacher must realize the importance of lesson planning. During the teaching practice pupil teacher has realized that the students of English language are not showing progress in their learning. They are facing difficulties in understanding what the teacher is trying to teach. The teacher was not able to make her views and facts clear her transmissions of fact and figures was not effective.

A lesson plan is needed to achieve the teaching objectives. It provides competence in the class room situation and makes teaching effective. A good lesson plan helps in recalling every steps of curriculum at desirable time. It helps in planning the process of teaching on the basis of class control, motivation and individual differences.

## Objective Of The Problem

To study this problem pupil teacher has prepared an action research project to analysis the causes of the problem. Following are the objective of the problem

1. To make the teachers aware that a well organized lesson plan makes teaching impressive and successful.
2. To let the teachers know that the lesson plan helps in providing the practical shape to the theoretical knowledge and content.
3. To make the teachers aware that lesson plan develops self confidence and enthushlasm in teachers while they teach.
4. To let the teachers know that lesson plan avoid them to deviate from the correct path of teaching.
5. Tell the teachers that by teaching according to lesson plan class room discipline can be maintained.
6. To make the teachers aware that they can transmit the facts and related to content in a more effective manner.

## *Importance Of The Project*

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English is the most communicative language of the world. It is a foreign language for our country. Students find themselves unable to accept English language as the medium of instruction. In such a matter, a teacher's role becomes important. A teacher can make his teaching easy and interesting by planning his/her lesson effectively.

This project is important for the teachers teaching English language as well as for the students.

1. With the help of this project we can make the teachers aware with the importance and benefits of lesson planning.
2. With the help of this project teachers can make the teaching effective and impressive.
3. By working on this project we can rectify obstacles of teaching learning process.
4. By working on this project the achievement level of the student can be raised.

### *Statement Of The Problem*

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“To make the teacher aware with the importance and benefits of lesson planning in class room teaching.”

### *Delimitation Of Problem*

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To study this problem pupil teachers has taken 4 teachers form “B. R. Ambedkar Higher Secondary School”, Gandhi Nagar, Kanpur and “Hudson Memorial School” Civil Lines, Kanpur.



## Causes Of The Problem

S. N.	By Physical Observation	By Confirming Form The Teacher	By Asking Student	Are They Controlable
1	Teachers are not aware with the importance of lesson planning	✓	-----	Yes
2	They do not know The method of planning	✓	-----	Yes
3	They treat it as a wastage of time and consider it as a burden	✓	-----	Yes
4	Most of the teachers are passive to towards planning the lesson	✓	✓	Yes
5	Teacher do not take interest in teaching according to lesson	✓	✓	Yes

## Formation Of The Action Hypothesis

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Formation of action hypothesis of a research is based on the analysed causes. On is the basis of these cause which are primary the importance research has been don.

So the pupil teacher has farmed two action hypthesis for the proposed research.

### First Action Hypothesis

To make the teachers of English language aware about the usage and benefits of lesson planning some related literature is to be provided and discussions of short duration will also be organised.

### Second Action Hypothesis

Pupil teacher will try to minimize the obstacles coming in the way of planning a lesson. This may divert teacher`s interest towards lesson planning.

## *Selection Of Tools*

Pupil teacher has collected the facts to test the action hypothesis.

For this purpose pupil teacher has selected the following tools:-

- Interview
- Observation
- Book of English teaching
- Demonstration

*Snow Kids*

## Procedure For Testing Of First Action Hypothesis

To test the first action hypothesis pupil teacher has done the work mentioned in the following table:-

S. N.	Work Done	Procedure	Tool Used of Sources	Duration
1	Pupil teacher have collected the information that the teacher are not aware about the importance of lesson planning.	Teaching of the teacher has been observed by the pupil teacher.	Observation	4 days
2	Teaching of English language have been made aware about lesson planning.	Pupil teacher has provided encouragement to the teacher by giving theme books for planning their lesson	Book of English Teaching	4 days
3	Knowledge of introductory question has give to the teachers	Knowledge of various steps of lesson planning has been.	Book and Questionnaire	4 days

4	By giving information interest was induced among the teachers	Pupil teacher showed the correct way of teaching through lesson planning	Demonstration	5 days
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Snow Kids

## *Analyses Of Data For First Action Hypothesis*

Pupil teacher has worked for 17 days for test the first action hypothesis. By supervising this he found that the teachers of English language have started taking interest in making lesson plan before teaching. But there were some teachers who were not taking interest become of some obstacles in lesson planning. To remove these obstacles pupil teacher has worked on the second action hypothesis.

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## Procedure Fo Testing Of Second Action Hypothesis

S. N.	Work Done	Procedure	Tool Used or Sourees	Duration
1	The problem of the teachers have ben found and solved by the pupil teacher	By asking the teacher pupil teacher has solved this	Interview	3 days
2	Duration of the class has increased to facilitate teaching according to lesson plan	Pupil teacher asked the school administration to increase duration of the clam	Interview	2 days
3	Assignment have been made by the pupil teacher	With the help of school administration and subject teachers	Interview	3 days

## *Analyses Of Data For Second Action Hypothesis*

To test the second action hypothesis pupil teacher has worked for 13 days. By supervising the class pupil teacher has noticed the positive changes in the teacher of English language. He also found that now teacher are taking interest in preparing lesson plan. The teaching has become not only interesting but also smooth and easy.

### Result:

Pupil teacher worked as per the hypothesis and found that all the 8 teachers studied started taking interest in making lesson plan before teaching. They have realized the importance of lesson planning in effective teaching.

### Evaluation of the project:

Pupil teacher has evaluated after working and observing up to 30 days that teacher has started taking interest in making lesson plan before teaching.

### Conclusion:

Supervision and interviews were conducted to redesign the teaching process and better result was found.



## Suggestion

There are some suggestions given following to make effective teaching:-

1. The teacher should not go to in class-room without lesson planning.
2. Lesson plan should be whole prepared by the teacher.
3. The teacher should know the class level for which he is to prepare the lesson plan.
4. While preparing the lesson plan, the teacher should divide the topic in one or more units.
5. While preparing the lesson plan, teacher should have time sense.

## *Bibliography*

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सत्र : 2010-2011